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# A Rehabilitative Engineering Application Using a Shock Absorbing Crutch Tip.

Noah Hirschegger – University of South Carolina

Anthony Spatorico – Angel Consulting, Inc.

Columbia, SC



## Disclosure – Anthony Spatorico

No relationships to disclose.

# Shock Absorbing Crutch Tip - Collaborators

## University of South Carolina

Professor Anthony Reynolds - *Molinaroli College of Engineering*

Professor Joshua Gray - *Molinaroli College of Engineering*

Professor Geoffrey Graybeal - *Darla Moore School of Business*

Professor Amanda Ward - *Arnold School of Public Health*

- Physical Therapy - "Patient Testing"

## University Of Pittsburgh

Dr. Brad Dicianno - *Director, Physical Medicine and Rehabilitation*

- Formal Clinical Trials - Spina Bifida Patients

# Shock Absorbing Crutch Tip

Question: Does a Shock Absorbing Crutch Tip have the potential to reduce fatigue and muscle strain for individuals that require the long-term use of crutches for mobility e.g. spina bifida, muscular dystrophy, spinal injuries? This study explores the possibility through:

- Engineering Perspective.
- Medical Efficacy.
- Patient Comfort.
- Value Proposition.



# Executive Summary



- **Prototype Design**
  - **Phase I - Analytical Testing**
    - **Work** of compression – Force times Displacement.
    - **Jerk** - Change in acceleration with time.
    - **Impulse** - Change in Momentum with Time.
    - **Peak Force** – Max value in Force vs. Time Curve.
    - **Yank** - Derivative of Force with Time.
  - **Phase II - Patient Trials**
    - Arnold School of Public Health, USC (**Physical Therapy**)
- **Results and Conclusions.**
- **Limitations.**
- **Future Studies.**

# Shock Absorbing Crutch Tip

Phase I - Prototype design and evaluation

## Crutch Tip - Closed Cell Foam

- Latex Free Formulation
- Large Diameter Base
- Light weight
- Durable



Easy to Install

## Hooke's Law: $F = -kx$

**Helical**



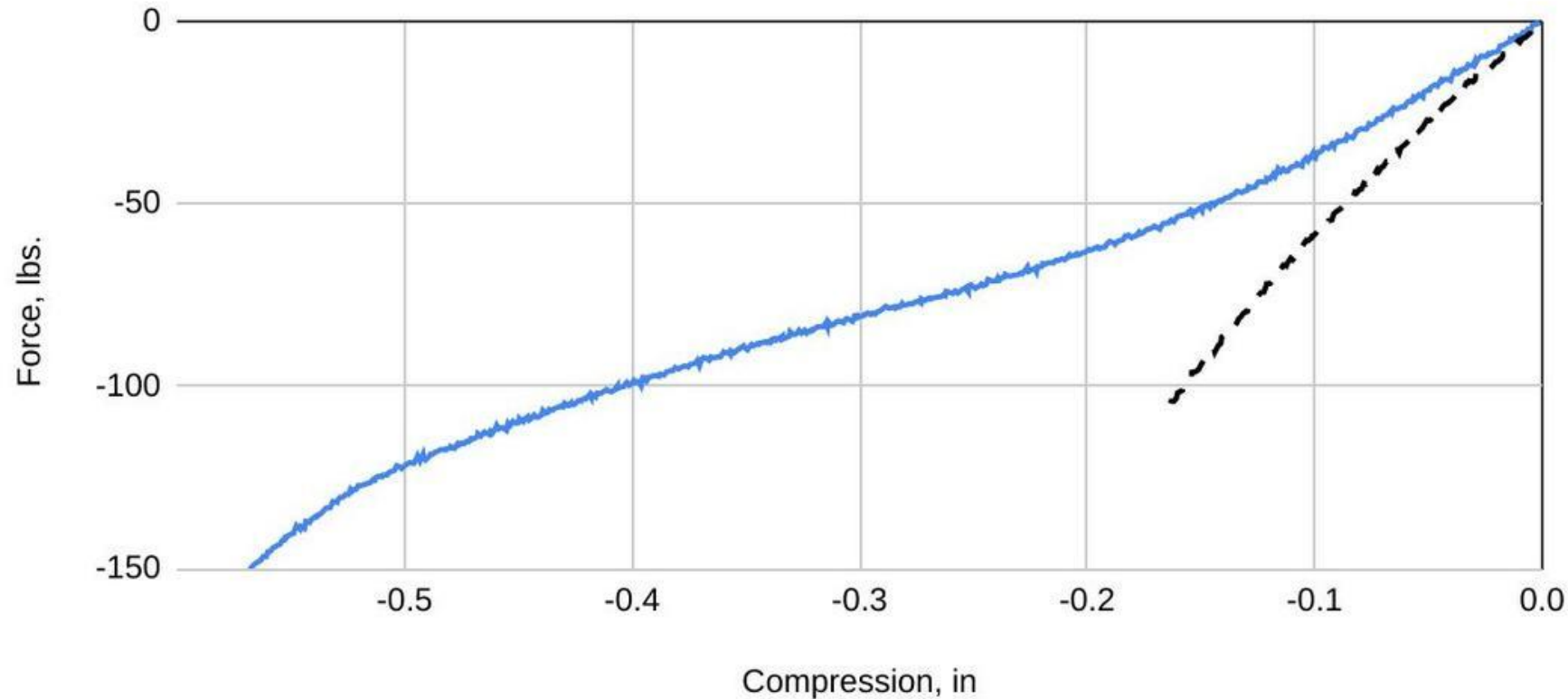
**Wave**



# Compression Curve: Force vs. Displacement

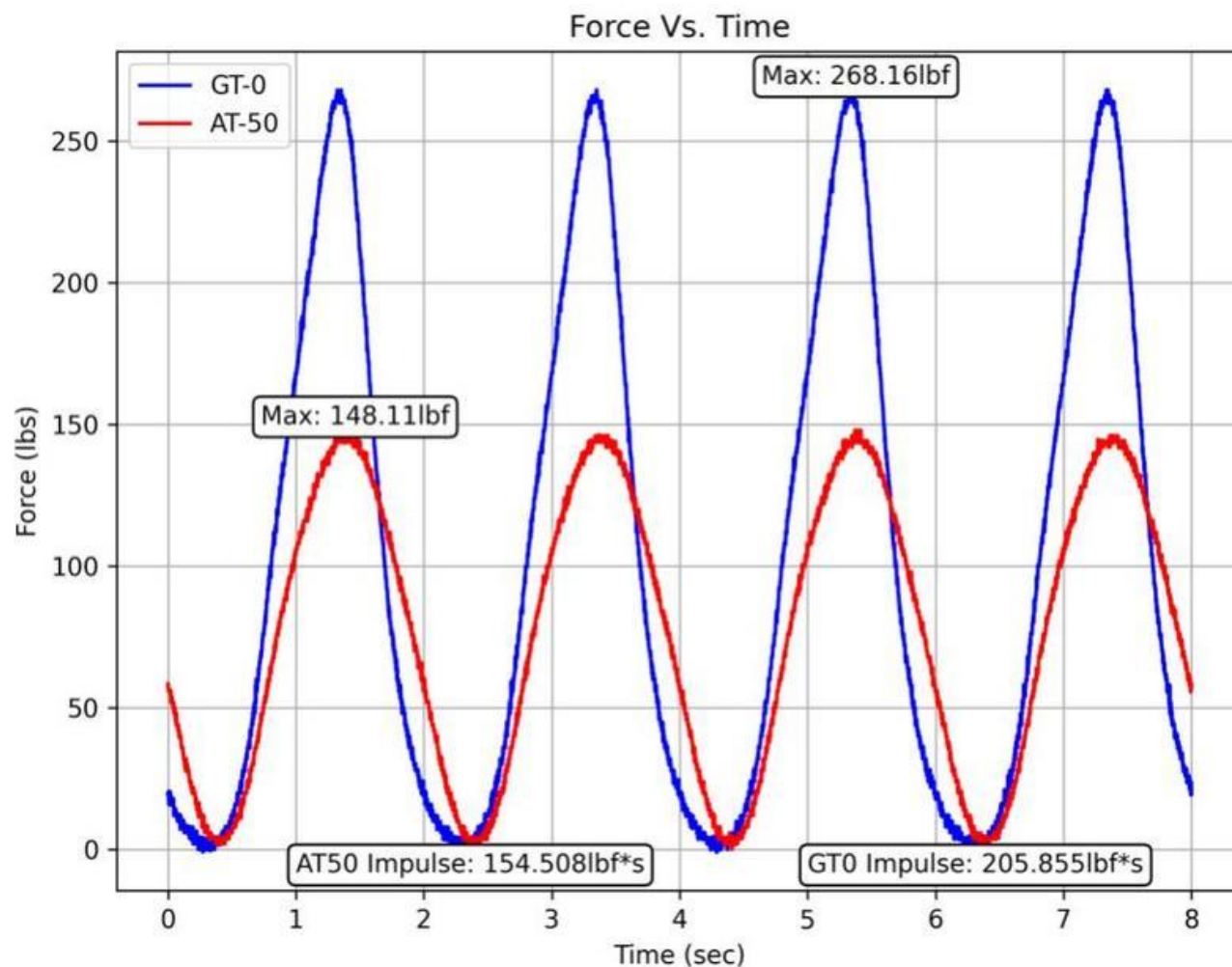
## Feature vs Control

Flatter curves provide greater shock absorption.





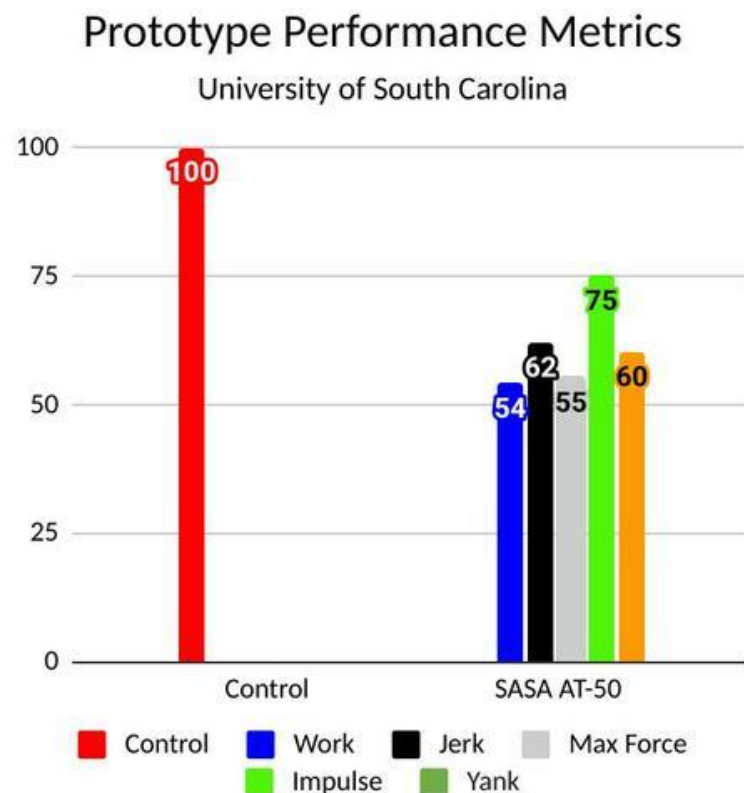
# Compression Curve: Force vs. Time





# Shock Absorbing Crutch Tip - Results

Prototype exhibits shock absorbing properties from an engineering perspective.



- **YES, 5 metrics evaluation.**
- Medical Efficacy. **Probably, patient trials underway.**
- Patient Comfort. **Positive response in all cases.**
- Unique Design. **US Patent 11,712,394 (8/1/2023)**

**Work** - Force X Distance

**Jerk** - Change in Acceleration with Time.

**Max Force** - Peak magnitude in Force/Time curve.

**Impulse** - Change in Momentum-Time curve.

**Yank** - the Time derivative of Force.

## Limitations – Laboratory Studies

- All tests performed in vertical, “Z”, direction.
- Controlled, “Idealized” conditions.
- Results offer insight, subject to “patient” evaluation.

## Future Studies

Engineering - computer modeling to optimize design.

**PHASE II** - Arnold School of Public Health (**Physical Therapy**).

- 10-meter walk.
- 3-stair climb/descent.
- Comfort index.

## Thank You

If you have comments, questions, or would like additional information, please contact:

Anthony Spatorico, President  
Angel Consulting, Inc.  
501 Turkey Point Cir., Suite 2A  
Columbia, SC 29223-8144  
[Tony@sasacrutchtips.com](mailto:Tony@sasacrutchtips.com)  
Mobile - 803.361.9609